

**THE
MESSENGER**

Edition number 110



MARCH 2019



Brothers and Sisters in Christ,

Temptation is anything that comes to us which can cause us to sin. The temptation itself is not sin. But if we allow it to continue in our thinking and give in to it, then we sin. Jesus Christ was tempted by Satan while He was here on earth, but He never sinned (**Mat. 4:1-11; Heb. 4:15**). He was victorious over temptation every time.

Where does temptation come from?

- a. It comes from **Satan** (**Genesis 3:1-5; 1 Peter 5:8**)
- b. It comes from our **old sinful nature**. Our new nature in Christ is at war with our old sinful nature (**Rom. 8:5; Gal. 5:17; James 1:13-15**)

It comes from the world around us. This temptation wants us to be conformed to the ways of the world. It comes to us in many ways, but particularly through the things we see with our eyes (**Rom. 12:2; 1 Timothy 6:9-10; 1 John 2:15-17**).

How to be victorious

1. Be ready. Temptations come in many different ways. It is up to us to be prepared to face temptations so that when they come we will overcome them (**Mat. 26:41; 1 Cor 16:13; 1 Peter 5:8**).
2. Learn to use the **Word of God, the sword of the Spirit**. Quote out loud the Word of God and pray, commanding Satan in the name of Jesus to leave you. Continue to resist Satan and he will flee from you. Remember that the power of the Holy Spirit who is inside of you is greater than the power of Satan (**James 4:7; 1 John 4:4; 5:18**).
3. **Pray for victory**. It is important to pray daily for victory over temptation (**Matthew 6:13**)
4. If you yield to temptation and sin, it is important to **confess** that sin and ask God for forgiveness. Do it quickly because sin hinders fellowship with God (**1 John 1:9**).

I wish you a successful month
REV. WILLIAM DAVIS

FOR PRAYER



We remember the house-bound - Iris Thorne, Patsy Crooks and June Hodgetts, with the people who care for them.

We pray for Jeremy Newell, Anna Clutton, Rachael Winter, Barry Showell, Neil Harris, Jodie Simner, Vera Stuchfield, Sheila Tucker, Dorothy Roberts, Alan Barker and Ruth Briscoe that they may know of God's care for them. For Jane Reynolds, Rob and Sue Fownes, Dave Latham, Margaret Whitehouse, Jean and Jack Clemson we pray for God's continued care in their on-going treatment.

We ask for God's care of Doris Homer, Janet Podmore, Margaret Crowe and Graham Bridges, who are all unwell at the moment.

We welcome into the church family here at Lanesfield through baptism Esmae Elizabeth Tiarna Dugmore. May she grow in the love of Jesus.

Funerals have been held for Ian Wright, Gladys May Evans and Balbin Ramsay. We send our sympathy to their families, and ask for God's blessing on them.

The funerals have also taken place of Jeff Gaskin and Michael Cripps, two of our members and dearest friends of Lanesfield. We thank God for their untiring work in his service and particularly among younger people. We remember their families and ask God to be near them and uphold them in future days.

Pat Arnold
Pastoral Secretary

CHURCH NEWS

This week we said goodbye to our friend Mick Cripps, who served his Lord in many ways. At the funeral his son Nick read out two quotes by Lord Robert Baden-Powell, which inspired his dad to live his life as he did, and I am sure Mick succeeded those quotes in his own life.

“My belief is that we were put into this world of wonders and beauty with a special ability to appreciate them, in some cases to have the fun of taking a hand in developing them, and also in being able to help other people instead of overreaching them and, through it all, to enjoy life - that is, to be happy.”

“Try and leave this world a little better than you found it, and when your turn comes to die, you can die happy in feeling that at any rate, you have not wasted your time but have done your best.”

Let us as a Church and individuals take up the challenge set by Lord Baden-Powell, as we strive to follow Jesus.

Yours in Christ's service
Anthony

THE WOLVERHAMPTON CIRCUIT



All are invited to

Monday 11th March 2019
at Codsall Methodist Church
at 2.15pm
Speaker: Rev. Dr. Paul Nzacahayo

Sunday 12th May 2019
at East Park Methodist Church
at 6.00pm
Circuit Service of Easter Offering

Monday 17th June 2019
at Fallings Park Methodist Church
at 7.30pm
Quiet Evening with Rev. Jean Spragg

Choir afternoon tea

Saturday 11th May at 5.00pm
£6 a ticket

There will be a sing a long afterwards.

Tickets will be available soon from
Sue Bate, Pat Arnold or Janet Massey.

I would like to thank all my church family for all their love and support shown during my illness.

Your prayers have carried me through, together with my 'holding cross' which I managed to sneak into the operating theatre! Thank you so much for your phone calls and get well cards which are very much appreciated.

Much love to all and God's Blessings be with you always.

Jean Clemson

Regular Giving

If you would like to give regularly through the envelope scheme or directly through the direct debit scheme, please see Catherine.

You do not have to pay tax to have a box of envelopes or give through direct debit. If you do pay tax the Church can claim back 25%.

There will be a Maundy Thursday service
at Lanesfield at 7.00pm
and
A Good Friday service
at Bradley at 7.00pm

The Summer Fayre is on
Saturday 6th July.

Please book the date.

Let us make this special
with all the Church
joining in fellowship together.

Room Lettings

If anyone is interested in booking a room
within the church for an event

please can they see Sally Parker at church
or email her on
sallyparker@lanesfieldmethodist.co.uk

Details of costs per room per hour are displayed
on the noticeboard in the porch.

If you have any questions
please contact Sally as above.

Do you have news to share with others?

Please give any items for the June edition of
The Messenger

to Ann Latham
(annlatham@lanesfieldmethodist.co.uk)
(01785 710866)

no later than Sunday 12th May 2019
(note earlier than usual due to holidays!)

CHURCH CHOIR

On 11th January we held our A.G.M. when we reviewed our year's efforts, and thanks were given to all who had contributed in any way. The dates for 2019 were discussed.

At present we are working hard learning five items for our Easter Music service which is on Passion Sunday, 7th April, at 10.30am only. The service will be taken by Stewart Rivett, who is one of the elders from the Kingsway Church in Wombourne. Stewart should have taken the service last year which unfortunately was 'snowed off', if you recall. Please make a note of the date and give us your support, and try to bring a friend along to swell the congregation.

Another date to look forward to is our annual 'Songs of Praise' service, which this year is on Sunday 14th July at 10.30am, when the choir will be singing five items, and you will be able to have a good sing as well. This service will be taken by Rev. Jean Spragg.

As you will be aware by now, at the request of our new minister William, the choir should all be seated in the choir stalls to lead the hymn singing each Sunday, and we are hoping to bring you a choir item at least once a month, which I hope you are enjoying. I am pleased with the new arrangements and am sure it has brought an improvement to our hymn singing and our worship.

I have to report that we have lost two members: Rachel from our alto section, and sadly Mick Cripps from our tenor section. We shall miss them both and thank them for their past help.

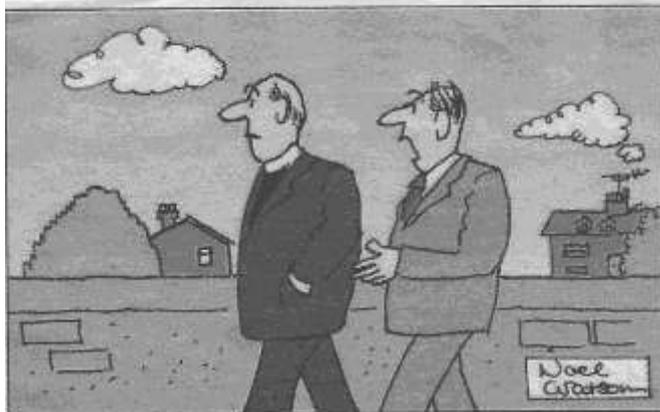
This leads me to end with my usual plea for more voices, both male and female. There must be someone out there who enjoys singing! Come and give us a try.



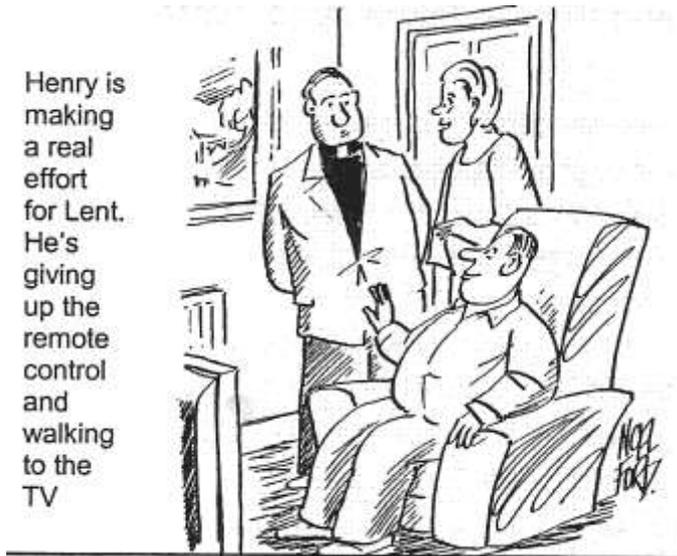
Sing, sing, sing

Scientists have shown that not only does singing in a choir make you feel good, it's got health benefits too. Researchers at the University of

Gothenburg, Sweden, found that choristers' heart beats synchronise when they sing together, bringing about a calming effect that is as beneficial to our health as yoga. The scientists asked a group of teenagers to perform three choral exercises - humming, singing a hymn and chanting - and monitored their heart rhythms during each. They showed that singing has a dramatic effect on heart rate variability, which is linked to a reduced risk of heart disease. "Song is a form of regular, controlled breathing, since breathing out occurs on the song phrases and inhaling takes place between these", says Dr Björn Vickhoff, who led the study. "It gives you pretty much the same effect as yoga breathing. It helps you relax, and there are indications that it does provide a heart benefit."



"I didn't make any new year's resolutions this year - anything that happens is bound to be an improvement."



Henry is making a real effort for Lent. He's giving up the remote control and walking to the TV

Submitted by Barrie Shinton

*On going through some of Betty's papers
(a mammoth task) I came across the following*

Too often we underestimate the power of
a touch, a smile, kind words, a listening ear,
an honest compliment,
or the smallest act of caring,
all of which have the potential
to turn a life around.

* * * * *

Loving Creator
Like the elephant you never forget
You remember us all, every one
Your love is for all your children
Your justice is for all creation
Help us to keep on learning about you
To keep praying for all your creation
To keep serving all your children
and so to serve you.

Jean Clemson

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